



# USCTDP, Inc.

EST. 1983

Fall/Winter 2024 – 2025 Junior Development Tennis Programs



Session A	Aug. 26 – Oct. 6, 2024	6 Weeks - Outdoor -	No Clinics on Sept. 2 – Call Make ups TBA
Session B	Oct. 14 – Jan. 26, 2025	13 Weeks - Indoor -	No Clinics 11/27/24 – 12/1/24 - Make ups TBA And 12/23/24– 1/5/25 - Clinics resume 1/6/25
Session C	Jan. 27 – April 27, 2025	12 Weeks - Indoor -	No Clinics 4/14/25 – 4/20/25

## Orange 2 – Advanced Orange players

Swing rhythm on the forehands and backhands will be emphasized. The students will be introduced to topspin and will learn how to differentiate between a volley action and a groundstroke action. A variety of serve progressions will be taught and the serve and return of serve will be covered in each class.

### SCHEDULE OF CLASSES:

Monday/Friday 4:30 – 6:00 p.m., Saturday 2:00 – 3:30 p.m., Sunday 11:00 -12:30 p.m.

## Green Player – Any Player who progressed in Orange 2

Students will be exposed to a full range of technical/tactical development. All court tennis will be emphasized. The program will focus on drills that develop movement, recovery and decision making skills. Situational and competitive play in the five play situations will be planned in the curriculum. This is the final development stage before the students enter the Junior Competitive Program.

### SCHEDULE OF CLASSES:

Monday, Tuesday and Friday 5:00 – 7:00 p.m., and Sunday 1:00 – 3:00 p.m.

## Yellow Ball- (Tournament Player, Aspiring Tournament Player, High School Player or Recreational Player)

*Improve stroke mechanics and consistency, footwork and anticipation. Learn sound match play tactics*

### SCHEDULE OF CLASSES:

Monday/Tuesday/Thursday/ Friday 3:00 – 5:00 or 5:00 – 7:00 p.m., and Saturday 12:00 – 2:00 p.m.

## Yellow Ball - (OPEN LEVEL) (Tournament player having earned a competitive National or Sectional ranking)

*Improve match play performance with emphasis on footwork and conditioning, match play tactics, mechanics, mental toughness and sportsmanship.*

### SCHEDULE OF CLASSES:

Monday/Tuesday/Thursday/ Friday 3:00 – 5:00 p.m. or 5:00 – 7:00 p.m., Saturday 12:00 - 2:00 p.m.

<u>Orange Player Fees:</u>			<u>Green and Yellow Players Fees:</u>		
<u>6 Week Session:</u>	<u>12 Week Session:</u>	<u>13 Week Session:</u>	<u>6 Week Session:</u>	<u>12 Week Session:</u>	<u>13 Week Session:</u>
\$222 One Day \$424 Two Days	\$444 One Day \$868 Two Days	\$481 One Day \$942 Two Days	\$282 One Day \$544 Two Days	\$565 One Day \$1,110 Two Days	\$612 One Day \$1,204 Two Days